

CALEDONIAN TRAINING ACADEMY LTD

MANAGING TRANSPORT COMPLIANCE



ABERDEEN
01224 796695
INVERNESS
01463 701966
GLASGOW
01236 280117 / 07920 809111



training@ccll.uk.com
www.caledoniantraining.com

SUMMARY: The law calls for a sensible, proportionate approach to managing risk, and further guidance on what you should do before deciding if a ladder is the right type of equipment provided for a particular task when Working at Height.

COURSE OUTLINE

WHEN IS A LADDER THE MOST SUITABLE EQUIPMENT?

The law says that ladders can be used for work at height when a risk assessment has shown that using equipment offering a higher level of fall protection is not justified because of the low risk and short duration of use; or there are existing workplace features which cannot be altered.

WHO CAN USE A LADDER AT WORK?

To use a ladder, you need to be competent, i.e., have had instruction and understand how to use the equipment safely.

CHECK YOUR LADDER BEFORE YOU USE IT

Before starting a task, you should always carry out a 'pre-use' check to spot any obvious visual defects to make sure the ladder is safe to use.

A pre-use check should be carried out:

- by the user;
- at the beginning of the working day;
- after something has changed, e.g. a ladder has been dropped or moved from a dirty area to a clean area (check the state or condition of the feet).

Check the stiles – make sure they are not bent or damaged

Check the feet – if they are missing, worn or damaged the ladder could slip. Also check ladder feet when moving from soft/dirty ground.

Check the rungs – if they are bent, worn, missing or loose the ladder could fail.

Check any locking mechanisms – if they are bent or the fixings are worn or damaged the ladder could collapse. Ensure any locking bars are engaged.

Awarding Body: CTA Certificate.

Course Duration: 10 Candidate per trainer over 1 day.

Costings: Training course costs per candidate £65.00+Vat.