

# CALEDONIAN

## TRAINING ACADEMY LTD

MANAGING TRANSPORT COMPLIANCE



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**SUMMARY:** For drivers that require more attention, we offer on-road courses to improve safety and performance. These courses improve driver confidence and reinforce self-evaluation. They consider the psychology of driving and its impact on driver behaviour and personal risk. These courses are informative, useful, engaging and fun for drivers. The driver will complete the course with new skills and techniques.

## **COURSE OUTLINE**

- Vehicle Safety Checks (POWERED)
- Legal requirements for eyesight and eyesight check
- Driver's profile
- Weather conditions & fitness to drive
- Explain driver assessment to identify any drivers' risks when driving
- Forward planning & awareness (furthest away point, middle point & near point)
- Explain the systems of drive, MSM (Mirror Signal Manoeuvre), PSL (Position Speed Look) and POM (Prepare Observation Manoeuvre)
- Determine a safe following distance when driving, slow to go system (2 Second and 4 second rule)
- Mirrors & use, changing speeds, changing directions & timing of mirrors
- Signals when necessary & properly timed
- Normal driving position (drivers' line) & lane discipline
- Safety approach to all junctions, MSPSL (Mirror, Signal, Position, Speed & Look)
- Identify road markings & road signs
- Motorway and dual carriageways (Demonstration, Guidance to Independent)
- Urban and Town Driving (Demonstration, Guidance to Independent)
- Rural Roads (Demonstration, Guidance to Independent)
- Driver Assessment on various roads (Motorway, Dual carriageway, Urban and Rural)
- Identify personal behaviours and decisions you will make in future driving situations to avoid collisions

**Awarding Body:** DVSA (Driver & Vehicle Standard Agency).

**Course Duration:** 1 Candidate per trainer over 4 Hours.

**Costings:** Training course costs per candidate £200.00+Vat